

Rick Arneson Author Bio



Prior to writing *Plotting the Course*, Rick Arneson had a lifetime of sailing experience, growing up in the San Diego Yacht Club junior sailing program. Before starting a college sailing team during his freshman year at Pepperdine, he'd won state and district championships, match-raced 12-meter yachts in the World Scholar-Athlete Games, and taken a gold medal at the AAU Junior Olympics. He would bring his experience to coaching sailors at the club, high school, and collegiate levels, including Stanford University, Orange Coast College, and UC Irvine. Since 2003, he has been a member of the U.S. Snipe team at three World and two Western Hemisphere championships. He has been a marketing professional in a range of industries, and a contributing writer to *Sailing World* and various other sailing publications. He holds B.S. and M.B.A. degrees from Pepperdine University.

Read more about Rick Arneson and *Plotting the Course* at RickArneson.com